



Greetings!

How are you? The FHA team hopes that all is well in your life. You have been referred to receive an assessment by one of your primary care providers. As we begin this process, be reminded that this is a consultation and not an office visit so YOU and your primary care provider are responsible for guiding the focus of this process along with me. Here are a couple of pointers to assist you:

1) We will begin with a QiScan Assessment. If your road to wellness has had previous twists and turns, a **Comprehensive Assessment** is advised and takes 90 minutes. Information on the **QiScan Assessment** is available on our website www.foundationforthehealingarts.org.

2) Consider becoming a participant in our **Research Protocol** by allowing us to use your data as part of our collection. The **Research Waiver** is available for review on our website.

3) It is essential that you bring **all medications** you take daily to the first session. Do not bring your non-pertinent nutrients to the first session - you will have the opportunity to review your vitamin / mineral / supplement supplies in a subsequent session.

4) Following your initial session, you will choose how you would like to proceed. If you would like to begin your protocol, the nutrients you require will be provided to you with an explanation of how & when to take them. The cost of your nutrients is NOT included in your consultation fee. Refer to our **Sustainable Wellth™ Network Membership** for discounts on products and services www.sustainablewellth.org. If you would like the assessment sent to your primary care provider, be sure and provide all emails required before leaving the office.

5) Once you **begin a Comprehensive Cleansing**, be aware that you have committed to a process that will last over several weeks, involve several nutrients, lots of water, require scheduled in-person check-ups, routine progress reports via phone or email and lots of patience with yourself.

6) **Schedule your follow-up** appointments prior to leaving the office. If you feel that you require more than a quick check appointment, be sure to mention this while scheduling to be sure that the time you require is incorporated in your visit. Quick check-ups usually last 30-60 minutes unless bodywork is required. If you have had any challenges between visits, it may take a little longer to complete your visit. Telephone or email follow-ups are 15 minutes for long distance clients. Bodywork / **energy work** sessions are required within this protocol and last one hour.

7) Keep up with your protocol by following your requirements for **nutrient refills** closely. **Don't let your nutrients run out** – you lose momentum in your healing process.

8) If you would like to receive copies of your file and other supportive documents during your cleansing protocol, be sure to **email** your request so that we can respond to your address.

9) Plan to be in email or phone contact every 5 – 7 days during your protocol. I personally **review** phone messages and emails to check on your progress. Please resist the urge of writing email “progress novels “ – a few lines expressing your experiences / changes works well. Routine follow-up calls are free for the first 10 minutes.

If there is a need for additional phone consultation time, feel free to schedule a **Phone Consultation**. See **Donation Rate Sheet** attached.

10) Everyone’s time is valuable. Plan to arrive on time and I will do my best to be prepared for you on time, although I do run over occasionally. Also, plan to provide **48 hours notice** if you can not make your appointment for any reason. You will be charged a **\$100 cancellation fee** if you’re a “no show”, so give a call 510.965.8538 for prompt notice of canceling or rescheduling..

11) If you would like content information on the supplements used in your protocol, it is available wherever products are listed on our websites. Following the completion of your protocol, you can purchase the nutrients you continue to require directly from our website www.sustainablewellth.org. With **membership in Sustainable Wellth™**, you will benefit from **dramatic cost reductions** for supplements and other great services. Products arrive at your door with FREE SHIPPING for orders over \$50.

12) Office Locations / Days Onsite: By Appointment Only

San Francisco: 760 Market St., Suite 1023 Thursdays: 12pm – 6pm

Novato Tuesday-Wednesdays: 12pm – 6pm

Email your scheduling requests to org@foundationforthehealingarts.org

13) Mailing address: 200 Ranch Court, CA 94945

Contact numbers:

Tanyah Cotton Website Administrator 415.720.6550

Dr. Jackson 415.720.6551

Websites: www.foundationforthehealingarts.org www.SustainableWellth.org

Email: org@foundationforthehealingarts.org

14) Private sessions with Dr. Jackson are by **referral only** and by **appointment only**. See **Donation Rate Sheet** attached. Payment is due upon receipt of products or services. Credit or Debit cards are required and held on file for active **in-person, telephone and email clients** requiring product shipments. Cash, MasterCard, Visa and American Express are accepted. No personal checks please except with prior approval.

Renewing and sustaining our health is mandatory in our busy lives. We take pleasure in continuing to assist you with securing natural, effective, high quality, affordable preventive health services for you, your friends, family and loved ones. May your life continue to attract health, love, peace and prosperity.

Be Well,
Gloria M. Jackson, MD